

## Montessori Nature Exploration

Educational activity for ages 2–4

■ 2–4 anos

*Inspired by Montessori philosophy, this activity invites children to explore nature with autonomy, curiosity and respect.*

### ■ Objectives

- Develop autonomy and initiative
- Sharpen senses through nature
- Create connection with the environment

### ■ Materials

- Small basket or bag for collecting
- Leaves, stones, flowers (from garden or park)
- Simple magnifying glass (optional)
- Notebook to draw discoveries

### ■ How to do it — step by step

1. Go with the child to a garden, yard or park
2. Say: "Today we are nature explorers!"
3. Let them freely choose what to collect
4. Name each element: "this is a eucalyptus leaf"
5. At home, arrange discoveries on a tray
6. Ask them to draw their favorite finding
7. Create a small "nature museum" with the collections

### ■ Fernanda's Tip

*Resist the urge to direct the exploration. The power of this activity lies in the child's free choice. You are the guide, they are the explorer!*